

MINISTRY OF EDUCATION AND SCIENCE OF UKRAINE
STATE UNIVERSITY OF INFRASTRUCTURE AND TECHNOLOGIES
HETMAN PETRO KONASHEVYCH-SAHAIACHNYI KYIV INSTITUTE
OF WATER TRANSPORT

FACULTY OF NAVIGATION

DEPARTMENT OF PSYCHOLOGY, SOCIAL AND HUMANITARIAN
DISCIPLINES

«APPROVE»

Dean of the faculty
Associate professor _____ Oleksandr YELIEAZAROV
«02» September 2024

**WORK PROGRAM OF THE EDUCATIONAL DISCIPLINE
«PSYCHOLOGICAL SERVICE»**

Level of higher education	second (master's)
Field of knowledge	05 «Social and behavioral sciences»
Specialty	053 «Psychology»
Educational program	«Practical psychology»

2024-2025 educational year

Work program in the discipline "Psychological Service" for full-time and part-time students of the second (master's) level of higher education, field of knowledge 05 "Social and behavioral sciences" specialty 053 "Psychology" EP "Practical psychology". Kyiv: SUIIT, 2024. 15 p.

Developer:

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of the department of psychology, social and humanitarian disciplines



The work program was approved at a meeting of psychology, social and humanitarian disciplines
Protocol № 1 from "September 2", 2024

Guarantor of EP «Practical psychology» EL Master
Associate Professor, PHD in psychology



Olena TYRON

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DESCRIPTION OF THE EDUCATIONAL DISCIPLINE

Name of indicators	Field of Study, Program Subject Area, Area of Expertise, Educational Program, Level of Higher Education, Academic Degree	Characteristics of the educational discipline	
		Full time	extramural studies
Number of credits: 6	Field of knowledge: 05 Social and behavioral sciences	compulsory	
	Specialty: 053 Psychology		
	Content modules – 2	Educational program: <i>Practical psychology</i>	Year of study
1-й			1-й
term			
1-й	1-й		
General number of hours – 180			
	Level of higher education: (second) master’s Degree of higher education: <i>Master</i>	Lectures	
28 hr.		12 hr.	
Practical, seminar			
32 hr.		8 hr.	
Lab			
-		-	
Self-study			
120 hr.		160 hr.	
Form of control:			
exam		exam	

Note.

The ratio of the number of hours of classroom classes to independent work is: for full-time education - 60/120 for part-time education - 20/160

1. PURPOSE AND TASKS OF THE EDUCATIONAL DISCIPLINE

The program of the educational discipline "Psychological Service" is drawn up in accordance with the educational and professional program "Practical Psychology" of master's study in specialty 053 "Psychology".

The study of the discipline "Psychological Service" serves as a basis for acquirers of knowledge, practical skills and abilities in such disciplines as "Psychological counseling", "Conflict psychology and mediation", "Modern problems of psychotherapy and psychocorrection", which are taught to acquirers of specialty 053 "Psychology" of the "master's level of higher education.

The subject of study of the discipline is the theoretical and methodological features of providing psychological assistance by specialists of the psychological service. Educational discipline "Psychological Service" is intended for the training of psychology specialists in order to provide in-depth knowledge of the basic principles, principles, tasks and possibilities of psychological service as an organizational form of practical psychology in various spheres of social life.

The task of this course is the theoretical and practical training of applicants in the field of: studying the structure of the organization of the psychological service; finding out the mechanisms, means and methods of work of the psychological service; understanding the application of various methods of psychological assistance; mastering the skills of forecasting and monitoring the results of the psychological service.

The purpose of the course: is the formation of theoretical, professional knowledge and practical skills in the organization of psychological service in the education system, health care, social and psychological assistance centers, law enforcement agencies and other social institutions.

As a result of studying the academic discipline, applicants must:

Know:

- basic principles and methods of work of a practical psychologist of the psychological service;
- requirements for the organization of psychological service in the organization;
- psychologist's code of ethics;
- areas of work and types of activity of a practical psychologist;
- areas of work of a practical psychologist in educational institutions.

Be able:

- draw up documentation of the work of a practical psychologist with children and adults;
- choose forms of work methods in accordance with the goals of the psychological service;
- analyze educational and methodological materials on the professional activity of a practical psychologist;
- use current regulatory documents that regulate the activities of the psychological service in the organization;
- apply the acquired knowledge in practice.

In the course of studying the discipline, applicants must acquire the following **professional competences**: the ability to carry out practical activities (training, psychotherapeutic, consulting, psychodiagnostic and other depending on specialization) using scientifically verified methods and techniques.

ability to organize and implement educational and educational activities for different categories of the population in the field of psychology.

ability to assess the limits of one's own professional competence and improve professional qualifications.

the ability to adhere to the norms of professional ethics in professional activities and be guided by universal human values.

3. EDUCATIONAL DISCIPLINE PROGRAM

Content module 1. Theoretical and methodological foundations of psychological service as a form of practical psychology

Topic 1. Psychological practice as a phenomenon of the activity of a practical psychologist

Practical psychology as a system of special psychological services for the provision of psychological assistance. A model of the personality of a practical psychologist. The ability to communicate with the client is a key special ability of a practicing psychologist. Code of ethics of a practical psychologist. Formation of the personality of a psychologist higher institutions. Diagnosis of professionally important qualities of a practical psychologist. Determination of the professional orientation of the individual. Professional motivation for choosing a psychologist. Personal factors of professional activity. Determination of professional abilities of a psychologist.

Topic 2. Psychological service: main functions and development trends

Psychological service as a social phenomenon. The main goal, tasks of the psychological service. Signs of psychological service. Methodical basis of psychological service activity. Structure and functions of the psychological service. Prerequisites and factors of formation and development of domestic applied psychology. Stages of formation and development of psychological service in Ukraine and abroad. Psychologists of the post-revolutionary period. Peculiarities of the life of a psychological community in the conditions of social transformations. Social order addressed to applied psychology in the first post-revolutionary decades. Trends in the development of practical psychology in post-war Ukraine.

Topic 3. Functioning of psychological services in foreign countries

The origin and current state of functioning of the school psychological service of the US education system. 3. Activities of school psychologists and educational psychologists in EU countries. The model of the organization of the psychological service and the peculiarities of activity in the education system of Israel.

Topic 4. The main activities of the psychological service: psychological counseling

Psychological counseling. The problem of distinguishing psychotherapy and psychocorrection from psychoconsultation. The purpose and tasks of psychological counseling. Principles and conditions of psychological counseling. Types of counseling: by content (intimate personal, family, psychological-pedagogical, psychological-management, business); by duration. Interview as the main method of psychoconsultation, its procedure.

Topic 5. The main types of activity of the psychological service: psychological diagnosis

Interrelationship of types and directions of activity of a practical psychologist. The concept of diagnostic work of a practical psychologist: its purpose, tasks and forms. Peculiarities of diagnostic work depending on the field of practical psychology. The concept of psychological diagnosis and its types. Tests in psychodiagnostics. Classification of the main methods of psychological diagnosis.

Topic 6. The main activities of the psychological service: psychological correction

Psychological correction: concept, purpose, tasks and means of psychocorrection. Techniques and methods of psychocorrection (simple suggestion, paradoxical instruction, fantasizing, interpretation, advice, self-disclosure of a psychologist, open and close questions, etc.). Principles of psychocorrection in working with children. Stages of psychocorrective work. Peculiarities of drawing up psychocorrections of their programs.

Content module 2. Psychological service in various spheres of social practice

Topic 7. Organization of psychological service in the education system

The main functions, tasks, principles of psychological service in education. The structure of the organization of the psychological service in education. Directions and types of practical activities of a psychologist in educational institutions. Job duties of employees of the psychological service of educational institutions. Models of organization of the psychological service of education. Peculiarities of the psychologist's work in preschool institutions. The specifics of the psychologist's work with different age groups of children, with parents and the teaching staff.

Topic 8. Psychological service in centers of social and psychological assistance

Psychological service in family and marriage centers, population employment centers. The function of a psychologist in the employment services of the population. Career guidance psychological centers. Educational and preventive work. The task of educational work of a psychologist of the psychological service for young people. General provisions and functions of educational work of the psychological service. Advisory issues for families in the separation phase. Psychological counselling for the unemployed. Career guidance work among young people.

Topic 9. Psychological service of the health care system

Peculiarities of the work of the medical and psychological service, its structure and functions. The main goal of the medical and psychological service in the health care system. The main tasks of the medical and psychological service in the health care system. Structure of medical-psychological and psychotherapeutic assistance to the population. Organizational aspects of the activity of a medical (clinical) psychologist. Types of medical and psychological assistance. Levels and stages of providing medical and psychological assistance. The specifics of providing psychological assistance to severe somatic patients.

Topic 10. Psychological Service of the Armed Forces

Content and tasks of psychological work in a military unit in peacetime and wartime. Basic principles, directions and tasks of the social and psychological service of the Armed Forces of Ukraine. Basic regulatory documents. The main areas of activity of military psychologists in accordance with the Regulation on psychological service in the Armed Forces.

Topic 11. Psychological service of the State Emergency Service of Ukraine

The main components of psychological support for the activities of the State Emergency Service. Center for psychological support of units of the operational and rescue service of civil protection. The structure of the psychological service of the State Emergency Service. Areas of activity of the psychological service of the State Emergency Service. Professional activity of a psychologist in the field of life safety - work in extreme conditions. mobile group of emergency psychological assistance of the State Emergency Service of Ukraine.

Topic 12. Psychological service in the law enforcement sphere

Psychological Service of the State Criminal Enforcement Service. Regulatory and legal framework for the functioning of the State Criminal Enforcement Service. The concept of psychological support of operational and service activities of internal affairs bodies and units of Ukraine. Service of psychological support for the activities of internal affairs bodies and units. Components of the psychological service of the State Border Service of Ukraine. Psychological support of SBSU personnel. The main areas of activity of the psychological service of the SBSU.

Topic 13. Psychological service of industrial enterprises and small business organizations

The specifics of the content of activities, tasks and functions of the psychological service at the enterprise. Levels of functioning of the psychological service of an industrial enterprise. Characteristics of the experience of the psychological service of the enterprise. Areas of activity of the psychological service at the enterprise. Psychological service of small business organizations. The work of a psychologist with management, with staff, with partners. Organizational and methodological principles of the psychological service of the organization (enterprise). Personnel system. Moral and ethical principles of the psychologist's work in the organization.

Topic 14. Organization of a psychological service in the field of infrastructure and technologies

Specific signs of professional activity in the infrastructure and technology of railway and water transport. Peculiarities of personnel activities in the infrastructure of railway and water transport. Study of the psychological problems of personnel working in railway infrastructure and navigation. Professional requirements, tasks and functions for the work of a psychologist working in the field of infrastructure and technology.

4. PROGRAM COMPETENCIES

Integral competence, general competences, special (professional) competences

General competences (GC):

GK1. Ability to apply knowledge in practical situations.

GK3. Ability to identify, pose and solve problems.

Special competences (SC):

SC4. The ability to carry out practical activities (training, psychotherapeutic, consulting, psychodiagnostic and other depending on specialization) using scientifically verified methods and techniques.

SC5. Ability to organize and implement educational and educational activities for different categories of the population in the field of psychology.

SC8. The ability to assess the limits of one's own professional competence and improve professional qualifications.

SC9. The ability to adhere to the norms of professional ethics in professional activities and be guided by universal values.

Programme learning outcomes (PLO):

PLO5. Develop programs of psychological interventions (training, psychotherapy, counseling, etc.), conduct them in individual and group work, evaluate quality.

PLO 6. Develop educational materials and educational programs, implement them, receive feedback, evaluate quality.

PLO 8. Assess the degree of complexity of activity tasks and make decisions about applying for help or advanced training.

PLO 9. Solve ethical dilemmas based on legal norms, ethical principles and universal human values.

5. STRUCTURE OF THE EDUCATIONAL DISCIPLINE

Titles of content modules and topics	Number of hours											
	Full-time						Extramural					
	total	including					total	including				
		L	P	lab.	Ind	Self-s		L	P	Lab.	Ind.	Self
1	2	3	4	5	6	7	8	9	10	11	12	13
Content module 1. Theoretical and methodological foundations of psychological service as a form of practical psychology												
Topic 1. Psychological practice as a phenomenon of practical activity of a psychologist	12	2	2			8	14					14
Topic 2. Psychological service: main functions and trends development	12	2	2			8	12	2				10
Topic 3. Functioning of psychological services in foreign countries	13	2	2			9	12	2				10
Topic 4. The main types of activities of the psychological service: psychological counseling	13	2	2			9	14		2			12
Topic 5. The main types of activity of the psychological service: psychological diagnosis	12	2	2			8	14		2			12
Topic 6. Main activities of the psychological service: psychological correction	12	2	2			8	12					12
Total according to the content module 1	74	12	12			50	78	4	4			70
Content module 2. Psychological service in various fields												
Topic 7. Organization psychological service in the education system	14	2	4			8	12	2				10
Topic 8. Psychological service in the centers socio-psychological assistance	12	2	2			8	14		2			12
Topic 9. Psychological health system service	12	2	2			8	12	2				10

Topic 10. Psychological service of the Armed Forces	14	2	2			10	12	2				10
Topic 11. Psychological Service of the State Service of Ukraine with emergency situations	12	2	2			8	14					14
Topic 12. Psychological service in law enforcement sphere	13	2	2			9	14					14
Topic 13. Psychological service of industrial enterprises and small organizations business	13	2	2			9	12		2			10
Topic 14. Organization of psychological service in the field of infrastructure and technologies	14	2	4			10	12	2				10
Total according to the content module 2	106	16	20			70	102	8	4			90
Total for the term	180	28	32			120	180	12	8			160

6. TOPICS OF SEMINAR CLASSES (not provided for in the plan)

7. TOPICS OF PRACTICAL CLASSES

№	Title of the topic	Number of hours	
		Full-time	Extramural
Content module 1. Theoretical and methodological foundations of psychological service as a form of practical psychology			
1	The subject and tasks of the psychological service in Ukraine	2	
2	The emergence, formation and development of domestic applied psychology	2	
3	Activities of psychological services in foreign countries	2	
4	Techniques, techniques and means of psychological counseling	2	2
5	Diagnosis in the professional activity of a practical psychologist	2	2
6	Correctional activity of a practical psychologist	2	
Content module 2. Psychological service in various fields			
7	Content of psychological service in educational institutions	2	
8	Principles of the psychologist's work in family and marriage centers, centers of population employment.	2	2
9	Activities of a psychologist in the conditions of a children's and adult	2	

	hospital		
10	Peculiarities of professional selection for power and special structures	2	-

11	Peculiarities of the psychological service of the State Service of Ukraine with emergency situations	2	
12	Activities of the psychological service of the State Criminal Enforcement Service	2	
13	Work of the psychological service of the national police	2	
14	The work of a psychologist in the organization of a small business	2	2
15	Peculiarities of the psychologist's activity in the infrastructure of railway and water transport	2	
16	Professional formation and professional growth of a specialist psychological service	2	
	Total	32	8

3. TOPICS OF LABORATORY CLASSES (not provided for in the plan)

4. SELF-STUDY

№	Title of the topic	Number of hours	
		Full-time	extramural
Content module 1. Theoretical and methodological foundations of psychological service as a form of practical psychology			
1	Methodical basis of psychological service activity	8	14
2	Personality model of a practical psychologist	8	10
3	Interrelationship of types and directions of activity of a practical psychologist	9	10
4	Principles and conditions of psychological counseling	9	12
5	Principles of psychocorrection in working with children	8	12
6	The only information system of the psychological service	8	12
7	Job duties of employees of the psychological service of ieducational nstitutions	8	10
8	The main directions of resocialization of the personality of the convict	8	12
9	The specifics of providing psychological assistance to severe somatic patients	8	10
10	Moral and ethical principles of the psychologist's work in the organization	10	10
11	The work of a psychologist in politics	8	14
12	Career guidance psychological centers	9	14
13	Professional requirements, tasks and functions for the work of a psychologist, who works in the field of infrastructure and technologies	9	10
14	Organization of psychological services in sports institutions	10	10
	Total	120	160

Summative control: control work and an exam

3. TEACHING METHODS

Conducting lectures and practical classes, slide presentations (in the Power Point program) on each topic, handouts, discussion of problematic issues.

4. METHODS OF CONTROL

Performing modular control works, individual tasks, independent study of individual course topics.

Evaluation of the educational achievements of applicants for all types of educational works is carried out according to current, modular intermediate and final controls. Current control of the applicants' knowledge of the academic discipline is carried out in the form of an oral survey, written express control, speeches of the applicants during the discussion of theoretical issues. Modular intermediate control is carried out in order to determine the state of current success of applicants for a certain period of study. Control tasks according to the content module include 2 theoretical questions and 2 practical tasks.

Control of self-study is carried out:

from the lecture material - by checking the notes;

from practical classes - by checking completed tasks. All control measures are included in the 100-point rating scale.

The final control is carried out in order to evaluate the results of the students' studies during the semester. The final semester control of knowledge takes place during the exam in written form. The exam ticket contains 4 questions.

Assessment	
Forms of current and final control	Current control – 100 points
CRITERIA FOR EVALUATING LEARNING OUTCOMES	
Final points in an academic discipline are defined as the sum of points received by the applicant during the semester.	

exam				
Question 1	Question 2	Question 3	Question 4	Sum
10 points	10 points	10 points	10 points	40 points

Practical classes												
1	2	3	4	5	6	7	8	9	10	11	12	Sum
3 points	3 points	3 points	3 points	3 points	3 points	3 points	3 points	3 points	3 points	3 points	3 points	40 points

Control works		
MCW 1	MCW 2	SUM
10 points	10 points	20 points

Module 1	Module 2	Exam	Sum
30	30	40	100

The final score is given taking into account the sum of all points.

RATING SCALE: NATIONAL AND ECTS			
Score in points	Rating on the national scale	Assessment according to the scale ECTS	
		Rating	Explanation
90—100	Excellent (passed)	A	“Excellent” - the theoretical content of the course has been fully mastered, the necessary practical skills of working with the mastered material have been formed, all educational tasks that are provided for in the training program are completed in full, excellent work without mistakes or with one minor mistake.
80—89	Good (passed)	B	“Very good” - the theoretical content of the course is fully mastered, the necessary practical skills of working with the mastered material are mainly formed, all educational tasks provided for by the performance training program, the quality of performance of most of them is evaluated by a number of points close to the maximum, work with two - three minor errors.
75—79		C	“Good” - the theoretical content of the course is fully mastered, the practical skills of working with the mastered material are mainly formed, all educational tasks that are provided for in the performance training program, the quality of performance of none of them is evaluated by a minimum number of points, some types of tasks are performed with errors, work with several minor errors, or with one or two significant errors.
65—74	Satisfactory (passed)	D	“Satisfactory” - the theoretical content of the course is not fully mastered, but the gaps are not of a significant nature, the necessary practical skills of working with the mastered material are mainly formed, most of the educational tasks provided for in the training program have been completed, some of the completed tasks contain errors, work with three significant errors.
60—64		E	“Enough” - the theoretical content of the course has been partially mastered, some practical work skills have not been formed, some of the educational tasks provided for in the training program have not been completed, or the quality of some of them has been evaluated by a number of points close to minimal, work which satisfies the minor criterium of the assessment.
21—59	unsatisfactory (failed)	FX	“Conditionally unsatisfactory” - the theoretical content of the course has been partially mastered, the necessary practical work skills have not been formed, most of the provided training programs, educational tasks have not been completed, or the quality of their performance has been assessed by a number of points close to the minimum; with additional independent work on the course material, it is possible to improve the quality of the performance of educational tasks (with the possibility of reassembly), work that requires refinement.

1—20	F	“Definitely unsatisfactory” - the theoretical content of the course has not been mastered, the necessary practical work skills have not been formed, all completed educational tasks contain gross errors, additional independent work on the course material will not lead to a significant improvement in the quality of the performance of educational tasks, work that needs full recycling.
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Питання для підсумкового контролю

1. The subject, tasks and purpose of the psychological service.
2. Formation and development of the psychological service of Ukraine.
3. The structure of the psychological service.
4. Definition of the concept of psychological service.
5. Actual, propaedeutic and promising directions in the activity of psychological service.
6. Documentation of a practical psychologist of the psychological service
7. Professional place of a psychologist in an educational institution.
8. Content of the psychologist's work.
9. The main types of activity of a practical psychologist.
10. Psychological consultation is one of the areas of work of a practical psychologist.
11. Peculiarities of diagnostic work in practical psychology.
12. The history of the development of psychological service in the countries of Western Europe and the USA.
13. General trends in the development of the psychological service.
14. Goals and objectives of the psychological service in the education system of Ukraine.
15. Concepts and theoretical foundations of psychological service.
16. The structure of the psychological service.
17. Interaction of science and practice in the psychological service.
18. National system of social and psychological service.
19. Educational, propaganda and preventive work of a practical psychologist.
20. Psychological counseling.
21. Psychodiagnostic work and psychological correction.
22. The main types of work of a practical psychologist and their interaction.
23. Tasks of psychoprophylactic work and methods of its implementation.
24. Criteria for professional suitability of a practical psychologist.
25. A model of the personality of a practical psychologist.
26. Duties and rights of a practical psychologist.
27. Code of ethics of a practical psychologist.
28. Organization and specifics of the work of psychologists of children's psychological services.
29. The main tasks and methods of the psychologist's work with parents.
30. The influence of family factors on the child's life, types of family upbringing.
31. School maladjustment and risk factors for its manifestation.
32. Maladaptation of a child in a single-parent family.
33. Tasks and functions of psychological services of industrial enterprises and business organizations.
34. Models of activity of a practical psychologist in organizations.
35. Areas of work of a psychologist at small business enterprises.

36. The main forms of organization of the activities of psychologists at the enterprise.
37. Areas of activity of a practical psychologist in organizations.
38. The main tasks and functions of a psychologist in medicine.
39. Psychological care as support for patients of medical institutions.
40. Justify the importance of implementing a psychological service in health care institutions.
41. Determine the specifics of the tasks of the psychological service in various health care institutions.
Psychological service in family and marriage centers, employment centers
42. population.
43. Career guidance psychological centers.
44. Psychological service of telephone counseling centers.
45. Areas of work of psychological services of various social institutions.
46. Psychological service in institutions of the criminal enforcement system of Ukraine.
47. Peculiarities of the functioning of the psychological service in internal affairs bodies.
48. The specifics of the work of the psychological service of penitentiary institutions.
49. Tasks and functions of psychological support of internal affairs bodies.
50. Recommendations for employees working in extreme conditions.

13. RECCOMENDED LITERATURE

Basic:

1. Corey J. Theory and Practice of Counseling and Psychotherapy. — USA : Cengage Learning, 2017. — 517 p.
2. Soundararajan R. Counseling. Theories, Skills and Practice. — New Delhi : Tata McGraw Hill, 2012. — 419 p.
3. Василенко І.А. Методичні рекомендації до дисципліни «Сучасна психологічна служба: організація та функціонування» для здобувачів другого(магістерського) рівня вищої освіти спеціальності 053 Психологія, Одеса, 2021. 26 с.
4. Кузьо О. Основи психологічної практики : навчальний посібник. Львів : Львівський державний університет внутрішніх справ, 2022. 124 с.
5. Легка Л. М. Організація діяльності психологічних служб: навч. посіб. / Л. М. Легка, Л.Г. Семенча. Л.: Новий Світ-2000, 2019. 372 с.
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7. Панок В.Г. Психологічна служба: навчально-методичний посібник / В. Г. Панок. Кам'янець-Подільський: ТОВ Друкарня Рута, 2016. 488 с.
8. Психологічна служба правоохоронних органів України : [Текст] навч. посіб. / В. С. Медведєв, О. І. Кудерміна, Д. А. Горбенко. К.: Нац. акад. внутр. справ, 2022. 188 с.
9. Психологічна служба : Підруч. / [В.Г.Панок (наук. ред.), А.Г.Обухівська, В.Д.Острова та ін.]. К. : Ніка-Центр, 2016. 362 с.

Additional

1. Бабчук О. Г. Психологічна служба в системі дошкільної освіти: навчальний посібник. Одеса : Видавництво ТОВ «Лерадрук», 2023. 166 с.
2. Булатевич Н. М. Організація діяльності психологічної служби. Суми : Вид-во Сум ДПУ імені А. С. Макаренка, 2015. 445 с.

3. Загурська І.С. З 14 Психологічна служба: Методичні рекомендації з курсу. / І.С. Загурська. Житомир: Вид-во ЖДУ ім. І.Франка, 2016. 58 с.
4. Ковальова І.Б., Попова Г.В. Основи психологічного консультування: методичні вказівки для студентів усіх форм навчання зі спеціальності психологія / І.Б. Ковальова, Г.В. Попова Харків: НТУ «ХПІ», 2023. 55 с.
5. Федорчук В.М. Тренінг особистісного зростання. К.: Центр навчальної літератури, 2019. 180 с..

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